January 2020 Senior Citizen Newsletter



Happy New Year! We hope you had a wonderful holiday and the New Year brings good health and good cheer. So far it has brought good weather. By this time last year, we've endured several heavy snow storms.

We had a great year in 2019 and look forward to a fun filled and busy 2020. Starting with Bingo on Monday and Friday twelve noon at Kroll Heights. Call to reserve your seat on the daily shoprite trip each morning at 9:30am. On Thursday January 2nd join us for breakfast at Cracker Barrel and American Candle factory.

There are a few Wednesday lunch time favorites back on the calendar this month including Bella's, Olive Garden and China Chef. Shopping trips to Woodbridge, Rockaway, Paramus Park and Willowbrook mall are on this month. Come out Thursday morning for our bowling club. Sign up and join the fun! There will be no garden club the months of January and February. Mt.Airy Casino is set for January 25th.

. Did you know: The League of Nations was established on January 10, 1920. January is the only month when the North Pole is colder than the South Pole. January 1, 1776, the first American flag "The Grand Union" was presented. Betsy Ross later added the stars in place of the Union Jack.

The center will be closed on New Year's Day, Wednesday, January 1. The center will be closed on Monday, January 20th in observance of Martin Luther King Day. There will be no bus service.

> Age is an issue of mind over matter. If you don't mind, it doesn't matter. Mark Twain

"If you want to live a happy life, tie it to a goal, not to people or things." - Albert Einstein



Birthdays in January are: Elizabeth Agresta, Ceil Aloutto, Frank Amorosa, Flora Bauzon, Maria Bellido, Dorothy Blake, Madeline Capoano, Carol Ann Cariero, Helen Chiccone, Roxanne Cintron, Donna Cipriano, Nunzia Circonciso, Gil Corby, Pat Degelman, Catherine DeRienzo, Sudha Doshi, Kirtikant Doshi, Helen Evans, Naina Hira, Catherine Kaspar, John Kennelly, Sue Kolodziej, Sharon Kramer, Anna Macam, James Marionucci, Gerard Marra, John Juan Medina, Doreen Morgan, Gloria Morrone, Mariam Mulumeshgerbrem, Ansansuyaben Patel, Angela Peko, Connie Pendley, Rich Pero, Anita Ramsook, Andrea Salzano, Joe Segro, George Sikaffy, Barbara Smith, Carol Stuart, Florence Tarantino, Elinor Taylor, Fred Thompson, Donald Whitrock

Senior Center: 201-330-2034 Senior Citizen Bus: 201-865-4422 Mayor's Office: 201-330-2005 Golden Age: 201-881-6424

Social Services: 201-330-2014 Housing Authority: 201-867-2957 Recreation Center: 201-330-3299

Library: 201-330-2083 Medicare: 800-633-4227 Meals on Wheels: 201-330-2094 Police/Fire Dept: 201-867-8000

800-772-1213 **Social Security:**

Medical Escort: 201-330-2082 **Hospital:** 201-392-3100 **Town Hall:** 201-330-2000

PAAD/Lifeline 800-792-9745